

SLOW DOWN,  
RELAX, PRAY FOR  
THE PERSON  
YOU'RE MAKING  
THE CORD FOR AS  
YOU GO ALONG -  
IT'S A SPIRITUAL  
DISCIPLINE.



BURN OFF THE END  
OF THE SHORTEST OF THE  
TWO REMAINING LENGTHS.  
THEN MAKE YOUR FIRST  
CROSS KNOT ON THE  
REMAINING LENGTH - USE  
FOUR WINDS. NOW TIE THE  
PIECE YOU CUT OFF BENEATH  
YOUR CROSS KNOT TO MAKE  
THE ARMS OF THE CROSS -  
FOUR WINDS AGAIN FOR EACH  
ARM. BE SURE  
TO PULL THEM TIGHT



TIE TWO  
MORE FOUR WIND  
KNOTS TO  
COMPLETE THE  
LONG PIECE OF  
YOUR CROSS



SNIP  
THE WASTE  
CORD WITH  
VERY SHARP  
SCISSORS

TIP!  
FOR A  
ROSARY  
YOU'LL NEED  
6.5M OF  
CORD



NOW GENTLY MELT EACH 4MM LENGTH  
OVER A FLAME AND SMOOTH OFF WITH  
A KNIFE BLADE AS SOON AS IT STARTS  
TO BUBBLE. AVOID BURNING YOUR  
KNOTS, AND ROUND THE KNOT ENDS  
BY TWISTING THE KNIFE BLADE  
AROUND TO SEAL OFF ANY SHARP BIT  
OF MELTED CORD.



WELL DONE!  
YOU'VE MADE  
YOUR FIRST  
KNOTTED  
PRAYER ROPE!